

Dr. Lauren Carter & Dr. Steven Carter
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Troy, MO 63379 636.775.2500

| Date: | | | | | | | | | | | |
|--|--------------|-----------|-----------------|---|--|--|--|--|--|--|--|
| First Name: | | Midd | le Initial: | Last Name: | | | | | | | |
| What name do you prefer to be called | 1? | | | Date of Birth: | | | | | | | |
| Social Security # | S | Sex: □ N | Male Female | e Marital Status: □ Single □ Married □ Mino | | | | | | | |
| Home Address: | | | City, State, | Zip: | | | | | | | |
| Home Phone: | _ Cell Ph | one: | | Email Address | | | | | | | |
| Please indicate the best time of day to | contact y | you: | | | | | | | | | |
| We utilize text and email for appoint | ment remi | nders aı | nd agreed upon | communication with the doctor and front desk. | | | | | | | |
| Appointment text reminders are sent | the day be | efore yo | ur appointment | t at 1:00 PM. | | | | | | | |
| Do you consent to receive communic | ation via | text and | email? Y N | | | | | | | | |
| How did you hear about the doctor: _ | | | | | | | | | | | |
| Employer: | | | Occupation: | | | | | | | | |
| | | | | | | | | | | | |
| Responsible Party: Indicate who is n | responsibl | le for ch | arges related t | o the patient's care. | | | | | | | |
| Name of person responsible for this a | ccount: _ | | | | | | | | | | |
| Relationship to patient: | | _DOB: | | Phone Number: | | | | | | | |
| Address: | | | City, State | e, Zip: | | | | | | | |
| | \mathbf{Y} | OUR I | HEALTH PR | OFILE | | | | | | | |
| | Yes | No | Unsure | Comments | | | | | | | |
| Do you drink water daily? | | | | How much: | | | | | | | |
| Do you drink caffeine? | | | | How much: | | | | | | | |
| Do/did you smoke? | | | | How much: | | | | | | | |
| Do/did you drink alcohol? | | | | How much: | | | | | | | |
| Do you take any supplements? | | | | What kind/which: | | | | | | | |
| Do/did you play any adult sports? | | | | Which: | | | | | | | |
| Do you exercise regularly? | | | | Type: | | | | | | | |
| Do you sleep on your back / front / si | de (circle | all that | apply) | | | | | | | | |
| On a scale of $0 - 10$ describe your str | ess level (| 0 = non | e / 10 = extren | ne) Occupational Personal | | | | | | | |
| On a scale of Poor / Good / Excellent | please d | escribe ; | your: | | | | | | | | |
| Diet Exercise Sleep |) | Genera | l Health | Mental State | | | | | | | |
| Please share any preferences you wou | | | | | | | | | | | |
| | | | | | | | | | | | |

ADDRESSING THE ISSUES THAT BROUGHT YOU TO THE OFFICE

| Please briefly describe your chief complaint: | | | | | | | | | | | | | |
|---|--|--|---|---|---|---|---|---|------|-------------|--|----|--|
| When did you first notice the symptoms? | | | | | | | | | | | | | |
| What are these symptoms preventing you from doing? | | | | | | | | | | | | | |
| Do your symptoms interfere with: □Work □Sleep □Walking □Sitting □Bending □Lifting | | | | | | | | | | | | | |
| If you are experiencing pain, is it: Sharp Dull Comes and Goes Travels Constant | | | | | | | | | | | | | |
| Since the problem started, it is: About the Same Getting Better Getting Worse | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |
| What makes it worse? And better, if anything? | | | | | | | | | | | | | |
| Other Doctors seen for this problem (please list): | | | | | | | | | | | | | |
| CHECK THE HEALTH SYMPTOMS WHICH HAVE OCCURRED: | | | | | | | | | | | | | |
| □ AIDS/HIV □ Alcoholism □ Allergy Shots □ Anemia □ Appendicitis □ Arthritis □ Asthma □ Bleeding Disorders □ Tissue Lumps □ Bronchitis □ Cancer □ Chemical Dependency □ Chicken Pox □ Depression □ Diabetes □ Eating Disorders | □Kidney Disease □Liver Disease □Lung Disorder □Measles | | □ Migraine Headaches □ Miscarriage □ Mono □ Multiple Sclerosis □ Mumps □ Osteoporosis □ Pacemaker □ Parkinson's Disease □ Pinched Nerve □ Pneumonia □ Polio □ Prostate Problem □ Prostheses □ Psychiatric Care □ Rheumatic Fever □ Rheumatoid Arthritis | | | | | | | | □ Scarlet Fever □ Skin Problem □ Stroke □ Suicide Attempt □ Thyroid Disorder □ Tonsillitis □ Tuberculosis □ Tumors/Growths □ Typhoid Fever □ Ulcers □ Venereal Disease □ Vision/Eye Problem □ Whooping Cough □ Other (please list) | | |
| Surgical History: | | | | | | | | | | | | | |
| Please circle the number to select the most appropriate statement. $0 = \text{Able to function}$ / $10 = \text{Unable to function}$ | | | | | | | | | | | | | |
| Family/Home Responsibilities (chores, duties around the house): | | | | | | | | | | | | | |
| Recreation/Social Activity (hobbies, sports, social functions): | | | | | | | | | | | | | |
| Occupation (activities directly related to one's job): | | | | | | | 5 | | | | | 10 | |
| Self Care (personal maintenance and independent daily living): | | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | |
| Women: Are you pregnant? □Yes □No Taking birth control pills? □Yes □No List any medications you are currently taking: | | | | | | | | | | | | | |
| We are not only interested in your health and well-being, but also about your family and loved ones. Please mention | | | | | | | | | | | | | |
| below any health conditions or concerns for your: Children: | | | | | | | | | | | | | |
| Spouse/Partner/Significant Other: | | | | | | | | | | | | | |
| Parents/Siblings: | | | | | | | | | | | | | |
| The statements made on this form are accurate to the best of my knowledge. | | | | | | | | | | | | | |
| Signature | | | | | | | - | Ī | Date | | | | |